

Dr Ben Grey
School of Life and Medical Sciences
University of Hertfordshire, Hatfield, Hertfordshire
United Kingdom
Email: b.grey@herts.ac.uk



Overview

Dr Ben Grey is a Principal Lecturer for Research on the Doctorate in Clinical Psychology, at the University of Hertfordshire. He is former director of the Attachment Theory, Research and Practice postgraduate programme at the University of Roehampton. Ben is a social worker and psychologist with over 20 years' experience of assessment and consultation using attachment methods and procedures in family court, adoption and child welfare settings in various roles.

Dr Grey has a long-standing interest in the clinical and research applications of attachment and trauma theory, and the procedures that use analysis of video and interview transcripts to make sense of the relationships of children and adults. He developed and researched the Meaning of the Child Interview (MotC), applying the methods derived from attachment theory to understand parental discourse and parent-child relationships in ways that support intervention (see www.meaningofthechild.org). His research focusses on the use of attachment procedures to understand human relationships particular in adversity in areas such as child welfare and protection, adoption and fostering, and the relationships in families where there is a diagnosis of autism.

Research outputs

"Trapped With My Children" Fathers' Caregiving Experiences During The Covid-19 Pandemic

Voellmy, L., Grey, B., Fowler, N. & Walter, B., 17 Jul 2024, (Accepted/In press) In: *Human Systems: Therapy, Culture and Attachments*.

The Meaning of the Child Interview: Understanding Parenting Narratives in Traumatizing Contexts

Grey, B., 2024, (Accepted/In press) Palgrave Macmillan.

"Beyond sensitivity": Understanding caregiving compromises in adverse contexts using the Meaning of the Child Interview

Grey, B., 8 Nov 2023, *Safety, Danger, and Protection in the Family and Community A Systemic and Attachment-Informed Approach*. Chrzastowski, S. & Vetere, A. (eds.). 1 ed. Abingdon, UK: Routledge, p. 153-164 12 p.

Exploring the triadic parent-child-sibling relationship: How do mothers' view of their children impact sibling relationships?

Drzymala, H., Grey, B. & Fowler, N., 21 Dec 2022, In: *Human Systems: Therapy, Culture and Attachments*. 20 p.

"I am not exaggerating, literally a monster ... a Jekyll and Hyde type thing": Understanding the lived experience of adoptive fathers whose children display violence and aggression

Barrow, V., Grey, B. & Essau, C. A., 2 Oct 2022, In: *Human Systems: Therapy, Culture and Attachments*.

Anger without a voice, anger without a solution: Parent-child triadic processes and the experience of caring for a child with a diagnosis of autism

Dallos, R., Grey, B. & Stancer, R., 19 Jul 2022, In: *Human Systems: Therapy, Culture and Attachments*.

'I feel ... I need to defend myself': Exploring the influence of social worker's attachment history on the social worker-client relationship

Ash, Z. & Grey, B., 17 Jul 2022, In: *Human Systems: Therapy, Culture and Attachments*. p. 263440412211159 1 p.

The early and later-life care experiences of individuals using short-term homeless services: an attachment-informed interpretative phenomenological analysis

Howe, L., Grey, B. & Dickerson, P., 8 Mar 2022, In: *Mental Health and Social Inclusion*.

Using Parental Attachment in Family Court proceedings: An Empirical Study of the DMM-AAI

Spieker, S., Crittenden, P., Landini, A. & Grey, B., 24 Nov 2021, In: *Child Abuse Review*.

Using Parental Attachment in Family Court Proceedings: DMM Theory about the Adult Attachment Interview
Crittenden, P., Landini, A., Spieker, S. & Grey, B., 21 Nov 2021, In: Child Abuse Review.

Feeling 'like you're on ... a prison ship': Understanding the caregiving and attachment narratives of parents of autistic children

Grey, B., Dallos, R. & Stancer, R., 1 May 2021, In: Human Systems: Therapy, Culture and Attachments. p. 263440412110002 1 p.

'Invisible Children? How attachment theory and evidenced-based procedures can bring to light the hidden experience of children at risk from their parents

Grey, B. & Gunson, J., 1 Sept 2019, *Supporting Vulnerable Babies and Young Children*. Bunston, W. & Jones, S. (eds.). Jessica Kingsley Publishers, p. 191-207 17 p.

The Meaning of the Child Interview (MotC)

Grey, B. & Farnfield, S., 20 Mar 2017, In: Journal of Children's Services. 12, 1, p. 16-31 16 p.

The Meaning of the Child Interview: A new procedure for assessing and understanding parent-child relationships of 'at-risk' families

Grey, B. & Farnfield, S., 2 Mar 2016, In: Clinical Child Psychology and Psychiatry. 22, 2, p. 204-218 15 p.

The Meaning of the Child to the Parent': The Development and Validation of a New Method of Classifying Parenting Interviews for the nature of the Parent-Child Relationship

Grey, B., 31 Mar 2014

Assessing attachment for family court decision-making:: A forensic protocol for empirically-based evidence regarding attachment

Crittenden, P., Farnfield, S., Landini, A. & Grey, B., 2013, In: Journal of Forensic Practice. p. 237-248 12 p.