

Susan Parham

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School of Life and Medical Sciences

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Centre for Future Societies Research

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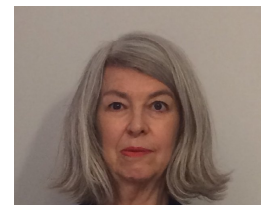
Food Policy, Nutrition and Diet

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## Research output

### **Living in an Age-Friendly Community: Evidence from a Masterplanned Development in Southwest Sydney**

Jones, A., Parham, S., Rojo-Pérez, F. (ed.), Fernández-Mayoralas, G. (ed.), Sánchez-González, D. (ed.) & Tchounwou, P. B. (ed.), 11 Jan 2023, In: International Journal of Environmental Research and Public Health (IJERPH). 20, 2, p. 1-21 21 p., 1312.

### **Terms of Engagement: Mobilising Citizens in Edible Nature-based Solutions**

Parham, S., Edwards, F. & Manderscheid, M., 22 Aug 2022, (In preparation) In: Journal of Urbanism: International Research on Placemaking and Urban Sustainability. p. 1-22 22 p.

### **Getting there: learning from engagement practice on convivial urbanism to develop productive urban landscapes**

Parham, S., Edwards, F. & Manderscheid, M., 11 Jul 2022, p. 1-10. 10 p.

### **La Garden City, un précédent au service de l'enseignement du projet architectural: Entre théorie et expérimentations**

Parham, S., Hardy, M., Sadoux, S. & Dubus, N., 20 Jun 2022, *Des Cites-Jardins pour Le XXI<sup>e</sup> Siècle: Valorisation. Préservation. Perspectives.* 1 ed. Marseille: Parenthèses, p. 375-384 10 p.

### **Learning sustainable urbanism lessons from 'other' New Towns in the UK: Contributing to design for health and wellbeing in the postwar British New Towns (and beyond)**

Parham, S., Hardy, M. & Sadoux, S., 7 Apr 2022, p. 1-35. 35 p.

### **Exploring Food and Urbanism**

Parham, S. & Hardy, M. (ed.), 10 Sept 2021, 1st ed. London: Routledge. 144 p. (Special Issues as Books)

### **Food and the garden city: Learning from historic experience and influencing contemporary planning practice**

Parham, S., 30 May 2021, In: TERRITORIO. 95, p. 53-62 10 p.

### **Building food places and resilience: Social, economic and urban design lessons from recent projects in Letchworth Garden City and Hatfield New Town**

Parham, S. & Andre, A., 24 Mar 2021, (Submitted) p. 1-16. 16 p.

### **Food and Welwyn Garden City: prescribing a sociable future?**

Parham, S., 8 Aug 2020, In: Town and Country Planning Journal. 89, p. 238-241 4 p.

### **Exploring sustainable urbanism in masterplanned developments: a collective case study of slippage between principles, policies, and practices**

Parham, S. & Jones, A., 22 Jul 2020, (E-pub ahead of print) In: Journal of Urbanism: International Research on Placemaking and Urban Sustainability.

**Food, Conviviality and Urbanism in a Rural Context**

Parham, S., 17 Jan 2020, *Rural Urbanism*. Elmlund, P. & Haas, T. (eds.). Bokförlaget Stolpe, p. 33-53 20 p.

**Historical review of 'the higher-density housing agenda and the "urban renaissance"'**

Parham, S., 1 Dec 2019, In: *Proceedings of the ICE - Urban Design and Planning*. 172, 6, p. 257-260 4 p.

**International Garden Cities Institute Academic Director's Blog Nov-Dec 2019**

Parham, S., Dec 2019, 2 p. International Garden Cities Institute.

**International Garden Cities Institute Academic Director's Blog Sept-Oct 2019**

Parham, S., Oct 2019, 2 p. International Garden Cities Institute.

**International Garden Cities Institute Academic Director's Blog June-Aug 2019**

Parham, S., Aug 2019, 2 p. International Garden Cities Institute.

**Practical Guides for Creating Successful New Communities: Guide 10: Edible Garden Cities**

Parham, S., Aug 2019, 32 p. London : Town and Country Planning Association (TCPA).

**International Garden Cities Institute Academic Director's Blog April-May 2019**

Parham, S., May 2019, 2 p. International Garden Cities Institute.

**International Garden Cities Institute Academic Director's Blog Feb-March 2019**

Parham, S., Mar 2019, 2 p. International Garden Cities Institute.

**International Garden Cities Institute Academic Director's Blog Dec 2018-Jan 2019**

Parham, S., Dec 2018, 2 p. International Garden Cities Institute.

**Garden Cities – Visionary, Popular and Viable? Garden City Perspectives Paper 4**

Parham, S., Downs, A., Murray, G. & Fernandez, P., 1 Oct 2018, Letchworth: International Garden Cities Institute. 21 p. (Garden City Perspectives Papers; no. 4)

**Foodscape and Food Urbanism in Europe: The Urban-Rural Interface**

Parham, S., 4 Aug 2018, (E-pub ahead of print) *Agourbanism: Tools for Governance and Planning of Agrarian Landscape*. Gottero, E. (ed.). Springer Nature, Vol. 124. p. 109-129 20 p. ( GeoJournal Library book series (GEJL); vol. 124).

**Book review of Food and Architecture: At the table Edited by Samantha L. Martin McAuliffe**

Carta, S. & Parham, S., 1 Apr 2018, In: *International Journal of Food Design*. 3, 1

**Food, landscape and urban design**

Parham, S., 4 Mar 2018, *Handbook of Landscape and Food*. Waterman, T. & Zeunert, J. (eds.). Routledge

**From the agora to the modern marketplace: food markets as landscapes of pleasure, purpose and plenty in historical review**

Parham, S., 4 Mar 2018, *Handbook of Landscape and Food* . Waterman, T. & Zeunert, J. (eds.). London: Routledge

**Book review: Urbanity and Density in the 20th Century**

Parham, S., 21 Feb 2018, (E-pub ahead of print) *Journal of Urbanism*, p. 1-2 2 p.

**A gastrosophical feast**

Parham, S., 2018, 3 p. University of Plymouth.

**La Garden City, une référence pour le requalification de la ville diffuse**

Parham, S., Sadoux, S., Novarina, G., Artis, A. & Ames, D., 2017, In: *Inégalités Urbaines; Du Project Utopique au Développement Durable*. p. 195-212 17 p., 9.

**Reflecting on sustainable architecture and urbanism as 'an ecology of living'**

Parham, S., 2017, In: C3. 387, p. 42-47 6 p.

**Why are Garden Cities in the news?**

Parham, S., 2017, 4 p. Letchworth : International Garden Cities Institute.

**Garden Cities - Why Not?**

Parham, S. & Boyfield, K., 14 Jul 2016, 1 ed. Letchworth: International Garden Cities Institute. 13 p. (Garden Cities Perspectives; vol. 1, no. 1)

**Paired review of Food and the City: Urban Agriculture and the New Food Revolution" and "Rebuilding the Foodshed"**

Parham, S., Jan 2016, (Accepted/In press) *Journal of Urbanism*.

**Shrinking cities and food: Place-making for renewal, reuse and retrofit**

Parham, S., Jan 2016, *Future Directions for the European Shrinking City*. Neill, W. J. V. & Schlappa, H. (eds.). New York and Abingdon: Routledge, p. 95-113 18 p. (RTPI Library Series).

**Making Space for Food in Hatfield**

Parham, S. & McCabe, B., 2016, Great Britain: University of Hertfordshire Press. 70 p.

**Rapporteur's comments on four sessions about 'Food Matters'**

Parham, S., 3 Sept 2015, *Rapporteur's Remarks*. p. 1-8 8 p.

**Food and Urbanism: The Convivial City and a Sustainable Future**

Parham, S., 26 Feb 2015, Bloomsbury Publishing. 364 p.

**La transformation d'un outil geddessien: de la valley section au transect réparateur**

Parham, S., Sadoux, S. & Hardy, M., 2015, (Unpublished) In: To be defined.

**People, products and places (Research Final Report): Exploring sustainable-living practices in masterplanned communities**

Parham, S., McCormack, J. & Jones, A., 2015, Hatfield: University of Hertfordshire.

**People, products and places (Research Report Summary): Exploring sustainable-living practices in masterplanned communities**

Parham, S., McCormack, J. & Jones, A., 2015, Hatfield: University of Hertfordshire. 20 p.

**'Reinventing London' by Bridget Rosewell**

Parham, S., 14 Mar 2014, LSE Review of Books.

**Workshop Proceedings - Connected communities 'Mini charrette' for arts, culture and heritage in Milton Keynes**

Parham, S., 10 Feb 2014, UH Centre for Sustainable Communities. 26 p.

**'Happy City: transforming our lives through urban design' by Charles Montgomery**

Parham, S., 2014, *Journal of Urbanism*, 7, 2, p. 213-215.

**Food, conviviality and urbanism in a rural context**

Parham, S., 2014, Ax:son Foundation. 9 p.

**Hertfordshire Guide to Growth: Five Years On**

Parham, S. & Hulme, J., 2014, Hatfield: University of Hertfordshire Press. 44 p.

**Shaping sustainable urbanism: Are garden cities the answer?**

Parham, S., 17 Sept 2013, p. 1-9. 19 p.

**Living heritage: Universities as anchor institutions in sustainable communities**

Parham, S., Green, A. & Lloyd, S., 2013, In: International Journal of Heritage and Sustainable Development. 3, 1, p. 7-19 13 p.

**Market Place: Food Quarters, Design and Urban Renewal in London**

Parham, S., Dec 2012, Newcastle upon Tyne: Cambridge Scholars Publishing (CSP). 332 p.

**Sustainable living?**

Parham, S., Nov 2012, UH Centre for Sustainable Communities. 10 p.

**Retrofitting for food security: the case of urban food quarters**

Parham, S., Apr 2012.

**Place shaping: A guide to undertaking development in Broadland**

Parham, S., Knight, L. & Gaze, C., 2012, BRE. 77 p.

**Connecting everyday food consumption to 'urbanist' principles for sustainable cities: Challenges for climate change mitigation and adaptation**

Parham, S., 2011.

**Developing the urban food quarter: Exploring the connections between urban design, revitalisation of place, and sustainable urban food practices**

Parham, S., 2009.

**The Future of Urbanism in a Romanian Context**

Parham, S., 2009.

**Let's rip it all up**

Parham, S., Jul 2008, In: Journal of Urbanism. 1, 2

**Suburban regeneration: The real challenges**

Parham, S., Feb 2008, British Urban Regeneration Association.

**The relationship between approaches to conservation and the idea of nostalgia: Looking at food-centred spaces within cities**

Parham, S., 2008, *The Venice Charter Revisited: Modernism, Conservation and Tradition in the 21st Century World*. Hardy, M. (ed.). Newcastle upon Tyne: Cambridge Scholars Publishing (CSP), p. 533-545 12 p.

**Fat Cities and Food Deserts: Exploring a socio-spatial continuum**

Parham, S., 30 Nov 2007, *State of Australia Cities National Conference*. Adelaide, p. 1159-1170 12 p.

**The reconfiguration of Australian suburbs: Think Piece for British Urban Regeneration Association**

Parham, S., 2007, British Urban Regeneration Association.

**Reconfiguring Urban Australia: Ideas and Projects**

Parham, S., 2006, In: Urban Design Quarterly. Spring, 98

**Sustainable Urbanism: Physical, Social and Economic Aspects: Rapporteur's Report on the 2nd Int C.E.U. Congress, Nov 2006, Leeds**

Parham, S., 2006, Council for European Urbanism.

**Designing the gastronomic quarter**

Parham, S., 2005, In: Architectural Design. 175, p. 86-95 10 p.

**Fat City: Why Bologna Works**

Parham, S., Feb 1998, Australian Financial Review.

**Gastronomic Architecture: The Cafe and Beyond**

Parham, S., Oct 1996, In: Architecture Bulletin. October

**Megalopolis**

Parham, S., Apr 1995, In: Arena Magazine. 16, p. 38-41

**Gastronomy and Urban Form**

Parham, S., 1993.

**Has Women's Participation in Planning Changed Our Cities?**

Parham, S., 1993.

**Gastronomic Strategies for Australian Cities**

Parham, S., 1992, In: Urban Futures. 2, 2

**The table in space: A planning perspective**

Parham, S., 1990, In: Meanjin. 49, 2, p. 213-219 7 p.

**Activities****Planning Inquiry**

Susan Parham (Invited speaker)

13 Jul 2022

**Journal of Urbanism: International Research on Placemaking and Urban Sustainability (Journal)**

Susan Parham (Peer reviewer)

Jul 2022

**Agriculture, Food and Veterinary Science Seminar Series**

Susan Parham (Speaker)

13 Jun 2022

**PhD Jury member**

Susan Parham (Examiner)

14 Mar 2022

**Retrofitting for Food - Nature Based Solutions**

Susan Parham (Speaker)

2 Mar 2022

**Supporting innovation and best practice in the materials supply chain**

Susan Parham (Speaker)

Mar 2022

**Journal of Urbanism: International Research on Placemaking and Urban Sustainability (Journal)**

Susan Parham (Peer reviewer)

19 Jul 2021

**Journal of Urbanism: International Research on Placemaking and Urban Sustainability (Journal)**

Susan Parham (Peer reviewer)

14 Feb 2020

**Proceedings of the ICE - Urban Design and Planning (Journal)**

Susan Parham (Peer reviewer)

1 Dec 2019

**Food and Garden Cities**

Susan Parham (Speaker)

29 Jan 2019

**Repairing Suburbs - The socio-spatial dimension of the traditional urbanism discourse**

Susan Parham (Speaker) & Matthew Hardy (Speaker)

21 Nov 2018

**Dust to Dust Charrette**

Susan Parham (Invited speaker)

16 Jul 2018 → 18 Jul 2018

**Workshop in Professional Doctorate in Heritage Programme**

Susan Parham (Organiser)

16 Feb 2016

**'You're toast! What happened when modernist designers met subversive consumers in the 20th century kitchen'**

Susan Parham (Invited speaker)

10 Feb 2016

**Food and Place in Soho and Beyond**

Susan Parham (Speaker)

1 Feb 2016

**A food and urbanism masterclass**

Susan Parham (Invited speaker)

19 Nov 2015

**Utopia: Experiments in Perfection**

Susan Parham (Invited speaker)

8 Nov 2015

**Food and urbanism - past, present and future**

Susan Parham (Speaker)

22 Oct 2015

**Food and urbanism from the scale of the table to the rural region**

Susan Parham (Speaker)

30 Sept 2015

**External examiner for architectural PhD**

Susan Parham (Examiner)

29 Sept 2015

**Regeneration in Hertfordshire and beyond: Exploring diversity, retrofitting place**

Susan Parham (Organiser)

22 Sept 2015

**Urbanism in a Rural Context: Is Conviviality the Missing Ingredient?**

Susan Parham (Speaker)

13 Nov 2014

**Convivial Green Space: Gardens, Food and Urbanism**

Susan Parham (Speaker)

27 Aug 2014

**Market Place: How Developing Food Quarters are Reshaping Places and Rejigging Consumption in London and Elsewhere**

Susan Parham (Speaker)

5 Jun 2014

**Urban Design and Conservation Module**

Susan Parham (Organiser)

13 Mar 2014 → ...

**Hatfield Community Free School Engagement Workshops**

Susan Parham (Organiser)

11 Feb 2014

**Masterclass: engaging with urbanism**

Susan Parham (Invited speaker)

16 Jan 2014

**Masterclass: food and urbanism from scale of table to the post urban region**

Susan Parham (Invited speaker)

28 Nov 2013

**Garden Cities: selective borrowings, contemporary practices**

Susan Parham (Speaker)

26 Nov 2013

**Facilitation and reporting on Letchworth Garden City 'Town Debate'**

Susan Parham (Advisor)

Nov 2013 → Dec 2013

**New Town arts and heritage mini charrette**

Susan Parham (Organiser)

25 Oct 2013

**Shaping Canberra: The Lived Experience of Place, Home and Capital**

Susan Parham (Keynote/plenary speaker)

18 Sept 2013

**Planning for Food**

Susan Parham (Speaker)

3 Apr 2013

**Integrative Urban Design in the UK - designing with and for people**

Susan Parham (Speaker)

27 Mar 2013

**2013 National Congress of the Planning Institute of Australia**

Susan Parham (Keynote/plenary speaker)

26 Mar 2013

**Journal of Urbanism (Journal)**

Susan Parham (Editorial board member)

1 Jan 2013 → 2015

**Journal of Urbanism (Journal)**

Susan Parham (Peer reviewer)

Jan 2013 → Dec 2015

**Fagaras Atelier de Urbanism**

Susan Parham (Organiser)

9 Jul 2012 → 14 Jul 2012

**Sustainable Planning Master's module Urban Design and Conservation**

Susan Parham (Organiser)

23 Mar 2012 → 24 Mar 2012

**Centre for Sustainable Communities Seminar Series**

Susan Parham (Organiser)

Oct 2011 → Jun 2012

**How can we do 'sustainable growth'? What the new national planning policy framework could mean for developing sustainable communities -A personal view**

Susan Parham (Speaker)

Sept 2011

**Mini charrette**

Susan Parham (Organiser)

22 Mar 2011

**UH Arts 'mini' charrette**

Susan Parham (Organiser)

Feb 2011

**Symposium on Tradition and Modernity in Urban Form, International Seminar on Urban Form, hosted by INTBAU, Princes Foundation for the Built Environment**

Susan Parham (Invited speaker)

Aug 2005

**Food and Megalopolis**

Susan Parham (Speaker)

10 Apr 1996



**9th Symposium of Australian Gastronomy**

Susan Parham (Invited speaker)  
1996

**Port Adelaide Urban Design Charrette**

Susan Parham (Invited speaker)  
1994

**"Food, Why Geographers Should Care"**

Susan Parham (Invited speaker)  
1994

**Alchemy Urban Design Conference**

Susan Parham (Invited speaker)  
1993

**Convivial Green Space**

Susan Parham (Speaker)  
3 Mar 1992

**The Place of Eating**

Susan Parham (Invited speaker)  
1991

**Australian Symposia of Gastronomy**

Susan Parham (Invited speaker)  
1989 → 1996

## Overview

**Overview:** Associate Professor Parham works as the University of Hertfordshire's Head of Urbanism and Planning at the School of Life and Medical Sciences (LMS) in the Geography, Environment and Planning (GEP) subject group. She runs the UH Urbanism Unit and was the Academic Director of the International Garden Cities Institute (IGCI) from 2015 to 2022. Susan's research interests include food and spatial design, nature-based solutions to place issues, sprawl retrofitting and transport oriented, compact and sustainable cities, the urbanism of Garden Cities and New Towns, and engagement on planning, urban design and urbanism. She is an Associate and active contributor to the UH Centre for Future Societies and the Centre for Climate Change Research. In July 2022 and July 2023 Susan ran the food and urbanism stream of an international Summer School on health and urbanism in Venice as part of the Biennale, co-coordinated an international Garden Cities of Tomorrow Congress and will be doing so again in 2024. Susan recently contributed to a symposium on New Towns at the Sorbonne, and spoke at a Garden Cities for the 21st Century Symposium in the French garden suburb of Suresnes about her recent co-authored book chapter on practice-based garden city education and teaching.

**Recent research:** In 2021 Assoc. Prof. Parham completed work on an EU funded international Edible Cities Research Network project ('EdiCitNet') for which she co-wrote the funding bid with Letchworth Garden City Heritage Foundation. Susan is completing a research programme funded by Tarmac through a Sustainable Living Partnership in which she is exploring decision making for sustainability within construction industry materials supply chains.

**Research Excellence Framework contribution:** Susan is a member of the University's Design Research Group and contributes to the Design Unit of Assessment in the most recent iteration of the Research Excellence Framework.

**Publications:** Assoc. Prof. Parham has been exploring the urbanism, design and planning connections between food and cities since the early 1990s and as well as research and publications related to garden cities and planned settlements more latterly. Her most recent published writing on food includes co-editing the book *Exploring Food and Urbanism* (Routledge, 2021) based on a Special Issue of the *Journal of Urbanism on Food and Urbanism* (February 2020) for which she was editor. Her most recent book chapters explore teaching the urbanism of garden cities (Parentheses, 2021), rural urbanism and conviviality (*Rural Urbanism*, Bokförlaget Stolpe, 2020), food and place issues in peri-urban areas in (*Agrourbanism*, Springer, 2018) and two chapters on food and urban design and on the evolution of food markets in a *Handbook of Landscape and Food* (Routledge, Jan 2018). In 2015 Susan completed a book for Bloomsbury entitled *Food and Urbanism*, delving into the interplay between food and place from the scale of the table to the productive region, while her 2012 book *Market Place: Food Quarters, Design and Urban Renewal in London* reported on primary research into food-centred regeneration processes that are transforming physical spaces and social practices in moribund market areas

in contemporary London.

Recent articles include on Food, Cities and Nature Based Solutions for Japan Architect (2024), Food and the Garden City (Territorio, 95, 4, 2020). In 2016 Susan published the research report 'Making Space for Food in Hatfield' with Ben McCabe and a chapter based on this primary research as "Shrinking Cities and Food: Place-making for Sustainable Renewal, Reuse and Retrofit" in the book *Future Directions for the European Shrinking City* (RTPI Routledge series). Other policy focused publications include contributions to an Edible Garden Cities Guide (TCPA, 2019) and 'Why are Garden Villages in the News?' (The Conversation, 2016). Susan has also edited and published five 'Garden Cities Perspectives Papers' over the last five years, an in-depth policy papers series she initiated through the IGCI in 2017 and has been lead or co-author on two of these. The most recent was a Perspectives Paper (IGCI, 2018) with colleagues on how to build a new garden city based on her co-written, commended entry for the Wolfson Economics Prize.

**Partnership Working:** Susan is active in international, national and regional partnership working in urban planning and urbanism areas with stakeholders in academic, public and private sectors. Partners include the École Nationale Supérieure d'architecture de Grenoble (ENSAG), Regionaal Landschap Kempen en Maasland, Letchworth Garden City Heritage Foundation, The King's Foundation and Gascoyne Cecil Estates. Assoc. Prof Parham recently ran the food stream in a Venice based international summer school with the European Cultural Academy, the Prince's Foundation and the Global Centre on Health Care and Urbanisation, Oxford University, as part of the Venice Biennale of Architecture, co-convened an international Congress on "Garden Cities of Tomorrow", spoke on teaching about garden cities at the Garden Cities for the 21<sup>st</sup> Century conference in Suresnes (June, 2022), and provided a paper for a Sorbonne New Towns study day (April, 2022).

**Teaching:** Associate Professor Parham is a member of the Ebenezer Howard School of Planning. She has worked as Programme Leader for the University's Master's Programme in Sustainable Planning and led the accreditation process for the Planning School's successful accreditation. Susan teaches and supervises research doctoral, post graduate and undergraduate students both within the Geography, Environment and Planning Subject Group and in the University's Professional Doctorate in Heritage. Susan gives annual guest lectures on areas of urbanism including engagement and food for the University of Oxford's MA in Sustainable Urban Development, as well as for the urban policy programme at the University of Glasgow.

**Scholarly activities and research dissemination:** Susan has recently been appointed as an editor of the Journal of Urbanism and is a member of the editorial board, a role she has held since the journal's inception in 2007. She has also been editor (chair of the editorial panel) of the peer-reviewed journal, Urban Design and Planning, for the Institute of Civil Engineers from 2016 to 2020. Susan is an active peer reviewer and has provided more than 70 peer reviews for journals including the Journal of Urbanism; Urban Design International; Journal of Ethnographic Theory, Space and Culture; Societies; Sustainability; and Agriculture and Human Values among others. Susan is active in presenting urbanism research at conferences including most recently at the International Association of Landscape Ecology (July 2022), the 4<sup>th</sup> International Conference on Agricultural Geography and Land Engineering, the UK and Ireland Planning Research Conference, and AESOP, and takes part in the UK and Ireland Planning Schools Forum.

**Academic qualifications, fellowships and memberships:** Associate Professor Parham holds undergraduate and postgraduate qualifications in political economy (BA), town planning (Grad Dip), urban design (MA), and urban sociology (PhD) from the London School of Economics' Cities Programme. Susan is a Research Associate for the Laboratory for Building Cultures, at the École Nationale Supérieure d'architecture de Grenoble (ENSAG). Susan is a Fellow of the Royal Society for the Arts (RSA) and a Member of the Royal Town Planning Institute (RTPI). Susan is an active alumnus of Living Streets as its former deputy chair of trustees.