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## Research interests

Nutrition and clinical dietetics; Qualitative research, Nutrition information, Multidisciplinary working.  
Awarded PhD Subject to amendments in September 2021: Project title:  
An exploration of nutrition information practice in people with Type 2 Diabetes Mellitus

## Research output

### **Health professional perspectives on dietary practices and nutrition during pre-conception and pregnancy**

Whiting, L., McClinchy, J., Fallaize, R., Parsons, K. & Fanner, M., 23 May 2024, In: Journal of Health Visiting.

### **'Feta is obviously very dangerous stuff looking at all those reds': Can nutrition labelling help people living with type 2 diabetes to self-manage their condition?**

McClinchy, J., Dickinson, A. & Wills, W., 21 Feb 2023, (E-pub ahead of print) In: Journal of Human Nutrition and Dietetics. 36, 4, p. 1131-1143 13 p.

### **Gaining insight into food, diet practices and nutrition during the early year's lifespan: Preconception and pregnancy**

Whiting, L., Fallaize, R., McClinchy, J., Parsons, K. & Fanner, M., 17 Jan 2023, University of Hertfordshire.

### **Developing the Diary-Interview Approach to Study the Embodied, Tacit and Mundane Nutrition Information Behaviours of People with Type 2 Diabetes**

McClinchy, J., Dickinson, A. & Wills, W., 27 Jan 2022, In: Sociological Research Online. 28, 2, p. 1-20 20 p.

### **Dietary management of older people with diabetes**

McClinchy, J., 30 Apr 2018, In: British journal of community nursing. 23, 5, p. 248-251 4 p.

### **BMI calculation in older people: The effect of using direct and surrogate measures of height in a community-based setting**

McClinchy, J., 3 Aug 2017, In: Clinical Nutrition ESPEN. 22, p. 112-115 4 p.

### **Nutrition information for people with Type 2 diabetes: Poster presentation at the University of Hertfordshire Health and Social Work Conference July 2017**

McClinchy, J., Dickinson, A. & Wills, W., 7 Jul 2017.

### **Studying tacit food and eating practices using visual research and diary methods – Methodological symposium: The Diary/interview method: Researching Nutrition Information Seeking Behaviour**

McClinchy, J., Dickinson, A. & Wills, W., 27 Jun 2017.

### **What is the quality of online information about diet available to people with type 2 diabetes?**

Ali, U., Rahman, M., McClinchy, J., Dickinson, A. & Wills, W., 2017, p. 129. 1 p.

### **An exploration of nutrition information for people with type 2 diabetes**

McClinchy, J., Dickinson, A. & Wills, W., 4 Dec 2016.

### **AN EXPLORATION OF NUTRITION INFORMATION FOR PEOPLE WITH TYPE 2 DIABETES**

McClinchy, J., Dickinson, A. & Wills, W., 10 Sept 2016, p. 421-475. 1 p.

**THE DELIVERY OF NUTRITION INFORMATION FOR PEOPLE WITH TYPE 2 DIABETES IN COMMUNITY PHARMACIES, A PILOT PROJECT**

McClinchy, J., Zaidi, M., Dickinson, A., Wills, W. & Jerome, L., 10 Sept 2016, p. 413-420. 1 p.

**WHAT NUTRITION INFORMATION ARE DIETITIANS USING WITH THEIR PATIENTS WHO HAVE TYPE 2 DIABETES?**

McClinchy, J., Kyeremateng, C., Dickinson, A., Wills, W. & Jerome, L., 10 Sept 2016, p. 413-420. 1 p.

**A qualitative exploration of the value of volunteering to the employability of nutrition and dietetic graduates amongst employers**

Rewri, R., Madden, A. & McClinchy, J., 1 Mar 2016, In: Journal of Human Nutrition and Dietetics. 29, S1, p. 57-57 1 p.

**A qualitative study of the role of meals-on-wheels delivery drivers and their potential for recognising elderly clients at risk of poor nutritional status**

McClinchy, J. & West, E., 1 Mar 2016, p. 62-62. 1 p.

**An exploration of the language used alongside the Process for Nutrition and Dietetic Practice (PNDP) to describe nutrition-related problems**

McClinchy, J. & Lindop, R., 2 Dec 2015, p. 10-11.

**A follow up survey to assess physical activity promotion by Registered Dietitians**

McIntyre, S. & McClinchy, J., Apr 2015, In: Journal of Human Nutrition and Dietetics. 28, 2, p. 201 1 p.

**Screening for malnutrition on a children's ward is not treated as a priority**

Gill, O. & McClinchy, J., Apr 2015, In: Journal of Human Nutrition and Dietetics. 28, 2, p. 193 1 p.

**Dietary Advice and Collaborative Working: Do Pharmacists and Allied Health Professionals Other Than Dietitians Have a Role?**

McClinchy, J., Williams, J., Gordon, L. & Cairns, M. C., 12 Feb 2015, In: Healthcare. 3, 1, p. 64-77 14 p.

**An Investigation into Patient Adherence to Dietary Advice for Type 2 Diabetes Mellitus**

Griffiths, N. & McClinchy, J., 22 Feb 2014, In: European Journal of Nutrition and Food Safety. 4, 3, p. 271-272 2 p.

**Dining out with Coeliac Disease: An Analysis of online Message Board Postings on the Social Implications and the Challenges to Live A Normal Life**

Solomon, Y. & McClinchy, J., 22 Feb 2014, In: European Journal of Nutrition and Food Safety. 4, 3, p. 202-203 2 p.

**Identifying Dietitian's Experiences and Views of Other Health Professionals (HCPS) Giving Nutritional Advice**

Gee, C. & McClinchy, J., 22 Feb 2014, In: European Journal of Nutrition and Food Safety. 4, 3, p. 269-270 2 p.

**Reliable Indicators of Cancer Related Malnutrition for an Outpatient Oncology Nutritional Screening Tool Identified Through a Systematic Review**

Humphreys, L., McClinchy, J. & McGeeney, L., 22 Feb 2014, In: European Journal of Nutrition and Food Safety. 4, 3, p. 283-284 2 p.

**Practitioner and patient experiences of giving and receiving healthy eating advice**

McClinchy, J., Dickinson, A., Barron, D. & Thomas, H., Oct 2013, In: British journal of community nursing. 18, 10, p. 498-504 9 p.

**A pilot study to investigate the effect of using current, reported and surrogate height measurements in nutritional screening of the elderly**

Butler, R., McClinchy, J. & Rennie, K., 2013, In: CN Focus. 5, 3, p. 55-58 4 p.

**Dietary advice and collaborative working: Do health care professionals have a role?**

McClinchy, J., Williams, J., Gordon, L., Cairns, M. C. & Fairey, G., 2013, p. 49. 1 p.

**An exploration into dietitians' knowledge about, attitudes towards and experiences of the nutrition and dietetic care process (NDCP).**

Aylesbury, H. & McClinchy, J., 30 Nov 2012, In: Journal of Human Nutrition and Dietetics. 25, 6, p. 577-578

**An exploration of individuals' experiences of dietary changes made as a result of a head and neck cancer diagnosis**

Scott, H. & McClinchy, J., 30 Nov 2012, p. 37. 1 p.

**A multidisciplinary approach to providing nutritional advice: the views and experiences of allied health professionals and dietitians**

Doherty, S., McClinchy, J., Gordon, L., Williams, J., Fairey, G. & Cairns, M. C., Sept 2012, In: Nutrition and Dietetics. 69, S1, p. 103-4

**Lay and practitioner perspectives and experiences of obesity**

McClinchy, J., Dickinson, A., Barron, D. & Thomas, H., Sept 2012, In: Nutrition and Dietetics. 69, S1, p. 103 1 p., 488.

**Should the UK define separate BMI categories for older people?**

Butler, R. & McClinchy, J., Sept 2012, In: Nutrition and Dietetics. 69, S1, p. 114 1 p.

**Evaluating Hospital food Service: Nutritional Standards and Staff Views**

Bangaroo, S., Breare, W., Kelly, S., Simpson, K., Barber, S. & McClinchy, J., 2012, p. 114. 1 p.

**Nutrition care process**

McClinchy, J., 2012, p. 49-50. 1 p.

**I would be embarrassed for you to see what I eat: Older people rejecting the visual?**

Dickinson, A. & McClinchy, J., 2 Nov 2011, In: Gerontologist. 51, Supp 2, p. 393 1 p.

**Community luncheon clubs benefit the nutritional and social well-being of free living older people**

Burke, D., Jennings, M., McClinchy, J., Massey, H., Westwood, D. & Dickinson, A., Jun 2011, In: Journal of Human Nutrition and Dietetics. 24, 3, p. 278 1 p.

**An exploration of the nutritional advice given to patients by Allied Health Professionals**

McClinchy, J., Gordon, L., Williams, J., Fairey, G. & Cairns, M. C., Aug 2010, In: Journal of Human Nutrition and Dietetics. 23, 4, p. 454

**The contribution of a community food group to older people's nutritional and social well-being: An assets model**

McClinchy, J., Burke, D., Jennings, M., Westwood, D., Massey, H. & Dickinson, A., 2010.

**Diet and Refsum's disease: The determination of phytanic acid and phytol in certain foods and the application of this knowledge to the choice of suitable convenience foods for patients with Refsum's disease**

Brown, P. J., Mei, G., Gibberd, F. B., Burston, D., Mayne, P. D., McClinchy, J. & Sidey, M., Aug 1993, In: Journal of Human Nutrition and Dietetics. 6, 4, p. 295-305

## **Projects**

**FOOD4YEARS: Exploring sources of nutritional information for older people: A feasibility Study**

McClinchy, J., Dickinson, A., Ibitoye, T. & Fallaize, R.

2/01/23 → 29/12/23

**FEY: Gaining insight into food and nutrition during the early year's lifespan**

Whiting, L., McClinchy, J., Fallaize, R., Parsons, K. & Fanner, M.

1/11/21 → 31/12/23

**Nutrition Communications**

Dickinson, A. & McClinchy, J.

HertNet

3/09/06 → 31/08/09

**Awards**

**FOOD4YEARS: Exploring sources of nutritional information for older people: A feasibility Study**

McClinchy, J., Dickinson, A., Ibitoye, T. & Fallaize, R.

2/01/23 → 29/12/23

**Activities**

**9th CyDNA International Conference with CySPEN Participation**

Jane McClinchy (Invited speaker)

4 Dec 2016

**The application of hand grip strength in dietetic practice**

Jane McClinchy (Speaker)

4 Dec 2016

**BDA Diabetes Specialist Group (External organisation)**

Jane McClinchy (Member)

May 2016 → May 2018

**Appetite (Journal)**

Jane McClinchy (Peer reviewer)

Apr 2016

**Health Education Journal (Journal)**

Jane McClinchy (Peer reviewer)

Mar 2016

**UH at Galleria**

Jane McClinchy (Presenter)

2016

**Vision and Voice Photographic Competition 2015 Entry ( UH Postgraduate research Conference)**

Jane McClinchy (Participant)

28 Oct 2015

**Patient Information Forum 10th Annual Conference**

Jane McClinchy (Participant)

2015

**Invited presentation: Fad diets: Are they all bad?**

Jane McClinchy (Invited speaker)

29 Nov 2014

**Health Visitor Digest (Journal)**

Jane McClinchy (Peer reviewer)

27 Oct 2014

**The Role of the Multidisciplinary team in giving nutritional advice**

Jane McClinchy (Invited speaker)

1 Dec 2012